

Chesterton News

SEPTEMBER TO NOVEMBER 2023

SERVING OUR LOCAL COMMUNITY



POPULAR LOCAL ARTS CENTRE AND SOCIAL ENTERPRISE CELEBRATES 40 YEARS

Local charity Rowan will host a series of fund-raising exhibitions and events in the coming months



Local charity Rowan is poised to celebrate four decades as a vibrant, independent arts centre and forest school for adults with learning disabilities.

Based on Humberstone Road in West Chesterton, Rowan is open Monday to Friday, 50 weeks of the year. Since 1984 Rowan has offered a safe, creative, and enriching environment where the arts are used as a tool to bring people together and tackle social exclusion.

Rowan provides a range of creative workshops in woodwork, ceramics, textiles and other materials, as well as drama, music and forest school. These develop the skills and potential of the students while improving their happiness, health, and wellbeing. With a strong social enterprise ethos, Rowan accepts large and small commissions from individuals and organisations, and producing artworks and other items to sell online and at exhibitions and events. In addition, they offer a range of evening classes for anyone in the community.

Chief Executive Officer Cherie Evans explains that the 40th anniversary celebrations also have a purpose: "Along with lots of fun, the focus of our events will be raising funds to repair a major leak in our roof that's causing havoc each time it rains. It is vital we fix the roof so we can continue to support those who need us."

Student artist Kalen says, "I would say Rowan means a lot to me and I love coming to Rowan." Another student, Grace, says: "I love it, it makes me happy".

Save the date for **Rowan's annual Christmas Fair, Wednesday 6 December, 5pm to 8pm.** A fantastic opportunity to visit the arts centre, meet staff, students, and volunteers, find out more about all they offer and buy unique artwork and cards.

You can find out more about all their upcoming events on their website: www.rowanhumberstone.org.uk

CAMBRIDGE MANOR HOSTS FREE EVENTS THIS AUTUMN

Care Home on Milton Road offers groups open to all



Regular free events at Cambridge Manor Care Home include:

Parkinson's Café A monthly support group for those living with Parkinson's or supporting someone who is.
Thursday 21 Sep., 19 Oct., 16 Nov.
2.30-3.30pm

Dementia Café. A support group for anyone living with dementia or supporting someone who is.
Tuesday 19 Sep. + 21 Nov., 2pm-3pm

Together at 3 Club for anyone feeling lonely or isolated and wanting tea + a chat
Tuesdays 12 Sep. + 14 Nov., 2pm-3pm.

Knit and Natter—for experienced and beginner knitters to get together over cake and hot and cold drinks.

Tuesday 26 Sep., 31 Oct.+ 28 Nov.
10.30am – 12.00pm

Search "Cambridge Manor Care Home Events" to find out more about these and one-off Events, or call 01223 633 940.

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Would you like to advertise in the next edition of *Chesterton News*? Contact Sue Richards for more info on 353296 or chesnewsfest@gmail.com

Are you organising a community event or initiative in Chesterton that you want to share with thousands of readers of the *Chesterton News*? Tell us about it by emailing: chesnewsfest@gmail.com



HUNDRED HOUSES

News from the Residents' Association

NEW CLUB FOR ARMED FORCES VETERANS GAINS INTEREST AND SUPPORT IN CHESTERTON

Cambridge Veterans Club offers new opportunities for veterans in our area

Cambridge Veterans Club offers a range of different opportunities for veterans of HM Armed Forces to get together in the Chesterton area.

Thanks to a £2000 Community Development grant from Cambridge City Council, there is now a veteran-led community shed at Brown's Field Community Centre. Similar in some ways to a 'men's shed', the vision for the veteran-led community shed is for people to have a workspace, and access to tools and equipment to work on projects, while also making friends. The shed is open on the 1st Monday of each month, 10.30-14.30 (come and go as you please).

Cambridge Veterans Club continues to meet more generally on the 4th Sunday of each month, 1400-1800, at Chesterton

Working Men's Club on Chesterton High Street.

And an Armed Forces and Veterans Breakfast Club also meets twice each in month, in two Cambridge venues. For just £5, club members get a full English breakfast, hot drink and toast.

- 1st Monday of each month (unless it's a bank holiday—in which case the following week). Brown's Field Community Centre 08.30-10.30 (before the Community Shed opens)
- 3rd Saturday of the month. Army Reserve Centre, 254 Medical Regiment, Cherry Hinton Road 09.00-11.00

For more info about the breakfast club: afvbc@cambridge.gov.uk

NEW MANAGER AT BROWN'S FIELD COMMUNITY CENTRE

Matt Siggery oversees Council facility off Green End Road

Matt Siggery is the new member of the City Council Facilities team responsible for managing the Community Centre at Brown's Field, Akeman Street.

Matt will also manage Darwin Green Community Rooms when they open soon. Matt is enjoying supporting current bookings and seeking to grow the use of all the Centres. He looks forward to meeting members of the Chesterton community and invites anyone to pop into Brown's Field to see what's going on.

It's 90 years since Mrs Stevenson founded Hundred Houses Society in 1933.

The design and location of the houses were always important to her: she wanted them to look nice as well as being a functional home. Mrs Stevenson designed Eastfield our first estate with an area for children to be able to play in and community was to be at the heart of her vision of housing.

The challenges are still as great as they were 90 years ago with many people struggling to be able to afford good quality housing in Cambridgeshire, whether in the private or the social housing sector. The Government is once again placing emphasis on the social housing sector to make sure that tenants/residents are actively engaged in having their say over their homes and how they would wish them to be managed. This is why your views really do count and will actively help shape Hundred Houses for your future, and especially to meet the energy efficient targets which are being placed on social housing.

The Residents Association aims to uphold Mrs Stevenson's legacy of providing good homes that are safe and well-maintained for everyone in need of a home. We will continue to work in partnership with Hundred Houses staff to make that possible for all our residents. A massive thank you to all the past and present Committee Members that have given out their spare time to volunteer for our community.

Hundred Houses is trialing opening four days a week Tuesday + Thursday 2-4pm; Wednesday + Friday 10-12pm. This trial period to see how these timings are received. The new monthly coffee morning has been very well received by residents. It continues on 2nd Friday each month: i.e. 8 September and 13 October.

If you wish to find more details about our activities and planned events, visit www.hhs.org.uk/

Or our Facebook page, or email for further details: hhrefsidentsassociation@hotmail.com

CITY COUNCIL INVESTS IN NETWORK+NATTER PROJECT

*Community Development
Officer, Andrea Butler,
introduces the initiative*



Hi—I'm Andrea Butler, and my role with the Council is to support the development of communities in the north of Cambridge.

My work includes setting up projects and events with residents and

bringing people together. If you have any ideas for community projects please get in touch!

Network and Natters are informal gatherings for community workers, group service provides to come together to discuss local issues, exchange ideas and collaborate for the benefit of local people. Anyone who has an interest in East Chesterton is welcome to attend. Light refreshments will be provided. Please let me know if you plan to come, so we can cater accordingly. I will be running four meetings throughout the year. Please visit www.cambridge.gov.uk/networking-lunches for dates and venues.

If you would like to get in touch or join our mailing list (used to share information, opportunities and news of local events) email CommunityDevelopment@cambridge.gov.uk or phone 07355 021609

FOODBANKS, FOODHUBS & COMMUNITY SUPERMARKETS IN CHESTERTON

Where to find them if you need them

If you are facing financial hardship, there are several places in Cambridge where you can access food and necessities for free.

Cambridge City Foodbank has Distribution Centres around the city providing non-judgemental support at the point of crisis. To access these, you need a valid foodbank voucher issued by a local agency, e.g Citizens Advice, a Children's Centre, or a health visitor. To find the full range of agencies call the Help through Hardship helpline on 0808 2082138 or visit www.cambridgecity.foodbank.org.uk. Once you have a foodbank voucher you can exchange it for a parcel containing three days of emergency food at your nearest Distribution Centre. Foodbanks local to Chesterton are:

- Tuesdays 10am-12 noon at **Chesterton Methodist Church**, CB4 1RW
- Thursdays 11am-1pm at **Church of the Good Shepherd**, Arbury CB4 2ET

Several organisations in the city run **food hubs** where anyone can come along and collect food for free. You don't need a referral and there are no forms to fill in. Food hubs local to Chesterton are:

- Tuesdays 10am-12 noon Community Coffee and Food Hub at The Church of the Good Shepherd – (refreshments from 10am, food hub from 11am).
- Thursdays 11am-1pm The Shah Jalal Food Hub at Akeman Community Centre, CB4 3HG.

Fairbite is a **community supermarket**, when, after becoming a member, customers pay just £2 per grocery shop (for 12 items of their choice). To become a member, you can be referred by a professional agency, or you can be referred directly by the shop—if you need the service and are local. There are now two Fairbite shops in Cambridge;

- **Hope Fairbite at St George's Church**, CB4 1LN. Opening times: Mon. 3.30-5pm and Tues. 2-3.30pm
- **Arbury Court Fairbite** 41 Arbury Court CB4 2JQ. Opening times: Tues. 10.30-12.30pm, Wed. 10.30-12.30pm and Thurs. 5-7pm

Cambridge Community Kitchen

Cambridge Community Kitchen provides free, hot, plant-based meals to anyone who needs them, available for collection, 6.00- 6.30pm or delivery to anywhere in the city, postcodes CB1 to CB5. Sign up for their free meals at www.cckitchen.uk. CCK currently operates from St Andrew's Baptist Church, St Andrew's Street, CB2 3AR

To find out more about help with the cost of living and additional food provision, visit www.cambridge.gov.uk/food-and-essentials.



SUPPORT GROUP FOR VISUALLY-IMPAIRED CHESTERTON RESIDENTS

*Cambridge Macular Society
Group meets locally*

A Support Group run by the Cambridge Macular Society meets every month in Chesterton Methodist Church.

The group aims to provide support particularly for people who are visually impaired with macular problems. Carers and drivers are also welcome.

Meetings are held at Chesterton Methodist Church on the third Monday of each month from 12 noon to 2pm (see listing in What's On in Chesterton). Everyone is encouraged to bring a

packed lunch with them. A charge of £2 on the door covers expenses and for tea, coffee and biscuits. After lunch there is a talk about eye related issues, or something of local interest. For example, this year members have heard from:

- an eye specialist at Anglia Ruskin,
- a Cam Sight representative about equipment for visually impaired people, and
- the Fire service about safety in the home.

Meetings coming up this Autumn include talks by:

- Story teller, Jane Bower in September, and
- Cambridge Talking News in October.

Parking is available, and the Citi 2 bus stops right outside the church. Dial a Ride is a great support and brings some members to the meetings.

If you'd like to know more, just ring **Pamela Cressey** on -01223 276247. New members are always welcome.

WHAT'S ON IN CHESTERTON

Please see below for the contact details of venues offering community activities in and around Chesterton.

Brown's Field Youth & Community Centre (BF) 420309
brownsfield@cambridge.gov.uk

Chesterton Methodist Church (CMC), 424428,
www.chestertonmethodist.org.uk

St Andrew's Hall (SAH) 306150,

www.standrews-hall.co.uk

St George's Church (SGC) St George's Church Hall (SGH) 423374 admin@stgeorgeschesterton.org.uk
Chesterton Working Men's Club (CWMC), 354411

W = Weekly, M = Monthly

Mondays

- 9.15am - 12.15pm, Playlanders (Playgroup and Pre-School) (SGH) **W**
9.30 - 10.15 & 10.45 - 11.30am, Little Music Makers (CMC) **W**
10.45am - 12noon, Monday Coffee Morning (SAH) **W**
12 - 2pm, Macular Society Cambridge Support Group (CMC) **M** 3rd Mondays
2 - 3.30, Forever Active Re-Fit over 50's exercise class (CMC) **W**
2 - 4pm, Crafty Club (CWMC), Contact Sylvia 07546584533 **W**
2 - 4pm, CamSight Monday Club (CMC) **M**, 1st Monday
6.30 - 7.30pm, Hatha Yoga Class, (SAH) **W** Contact Gabriella info@milanamyoga.com
6.30pm - 9.30pm, Cambridge Community Circus (SGC) **W**
6.30pm—8pm, Jujitsu Club (BF) **W** cambridgejujitsu@gmail.com
7.30 - 9.30pm, Chesterton Choral Society (CMC) **W**

Tuesdays

- 9.15am - 12.15pm, Playlanders (Playgroup and Pre-School) (SGH) **W**
10am – 12noon, Foodbank Distribution Centre (CMC) **W**
12.30-1.30, Forever Active Strength & Balance class (CMC) **W**
1 - 3.30pm, Hope Fairbite (SGC) **W**
1.20 – 2.30pm, U5's dance classes – Jill Bridger School of Dance (CMC) **W**
2.30pm, Chesterton History Group (SAH) **M** Third Tuesdays
6.30pm - 9.30pm, Cambridge Community Circus (SGC) **W**
7.30pm, East Chesterton Women's Institute (CMC) **M** Fourth Tuesdays

Wednesdays

- 9.15am - 12.15pm, Playlanders (Playgroup and Pre-School) (SGH) **W**
9.15am, Red Hen Project – Wellbeing Wednesdays (Contact Red Hen/CMC for details) (CMC) **W**
10-11am, Senior Exercise Class (SAH) **W** Contact Giuletta 07505 255952 or gspudich@gmail.com
3.30pm - 4.45pm, Hope Kids (after school club for YS2 age children) (SGH) **W**
5-7pm, Hope Youth Hub **W** (all secondary school age children welcome) (SGC)
6.15pm, Girls Brigade (CMC) **W**

Thursdays

- 10am - 11.30am, Strength and Balance Class (for older adults) (SGH) **W**
5pm - 7pm, Hope Youth Hub (for year 7-11 year olds) (SGC) **W**
6pm - 7.15pm, 41st Brownies (SGH) **W**
6.30pm - 9.30pm, Cambridge Community Circus (SGC) **W**
9.30am – 2.30pm, Headway Rehab Hub (CMC) **W**

Fridays

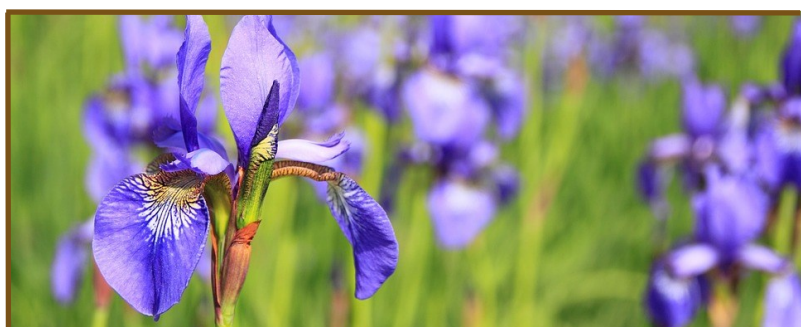
- 9.30 - 14.30, Headway Rehab Hub (CMC) **W**
10-11am, Senior Exercise Class (SAH) **W** Contact Giuletta 07505 255952 or gspudich@gmail.com
2.30 - 4.30pm, Table Tennis (U3AC) (SGH) **W**
3 - 5pm, Table Tennis (SAH) **W** Contact Sue for info 07923 918277
4.30pm - 5.30pm, Hope Boxing Academy (ages 14-16) (SGH) **W**
5.30pm - 6.30pm, Hope Boxing Academy (ages 16-18) (SGH) **W**
6.30pm - 9.30pm, Cambridge Community Circus (SGC) **W**
8pm - 9.30pm, Table Tennis (SGH) **W**

Saturdays

- 9 – 9.45am and 10 – 10.45, Children's Karate (SAH) **W**
9am - 12.45pm, Tiny Tots Ballet (SGH) **W**
9am onwards, Tiny Toes Ballet (CMC) **W**
1 - 3pm, Craft Club (CWMC) **M** Variable. Contact Mel 07532314949
7pm - 10pm, Argentine Tango (Milongas) (SGH) **W**

Sundays

- 12 - 3pm, Cambridge Community Circus (SGC) **W**



CHESTERTON GARDEN CLUB

Autumn Talks Series

- 14 Sep., "Bouquet of Weeds" by Michael Brown and AGM
28 Sep., "Unusual Plants" by Jay & Simon McWilliams from Hedgehog Plants & Gardens nursery
12 Oct., "My Family and Other Irises" by Lucy Skellorn from Foster Irises
9 Nov., Talk on "Urban Garden Design" by Ben Cijffers from Cultivate Gardens
All meetings run 7pm – 9pm, at St Laurence's Church Hall, 91 Milton Road, CB4 1XB. All are welcome, members free, guests £5.
For more info visit www.chestertongardenclub.com
or email: chestertongardenclub@gmail.com

If you would like your activity included in the next edition please email info@standrews-hall.co.uk with the details.



NEWS FROM CHESTERTON METHODIST CHURCH
Green End Road

At Chesterton Methodist Church we will be playing our part in the neighbourhood clean-up day on Saturday August 5th. Some residents in the area around the church will receive leaflets from the city council giving more details in the run-up to the event.

In September many groups and activities will be starting up again after a summer break. More details on the church website or in the What's On section of this magazine. A special mention to the Red Hen Project who are celebrating 25 years of supporting local families – the church loves hosting their Wellbeing Wednesday sessions in term time.

Find out more about the church, its worship and other activities, at www.chestertonmethodist.org.uk



A recently repaired window in St Andrew's.

NEWS FROM ST ANDREW'S CHURCH
Church Street



St Andrew's Church is both ancient stones and living community.

Our Grade 1-listed medieval church is the ancient stones—a precious heritage dating back to the very beginnings of Chesterton. We seek to cherish the building for both present and future generations in our community. We have recently celebrated the return of the stained glass that was sadly damaged by vandalism in 2022—but now restored to its former glory (see image to the left). Do step in and enjoy it! Also, this summer and autumn we will be undertaking some vital repairs and restoration of stonework. The church will remain open for prayer and visiting most days during September and October—but may not be as peaceful for visitors on weekdays during the works. The Friends of St Andrew's Church Autumn concert series will be raising funds for this important set of repairs—see the Church Noticeboards for details of concerts.

St Andrew's Church people are the living community of faith. We value openness, thought and care in our Christian beliefs, as well as beauty, creativity and fun in our gatherings for worship. Our church community spans the generations—from newborns to ninety-somethings! All are welcome to join us for any of our Sunday services in person in church and online through our YouTube channel (search St Andrews Church Chesterton)
8am—Traditional Holy Communion (Book of Common Prayer)
10am—All-age and Sung Communions across the month (see www.standrews-chesterton.org or our noticeboards for details)

ST GEORGE'S CHURCH & HOPE CHURCH CHESTERTON
Chesterfield Road Shirley School, Nuffield Road



The Parish of St George's continues to have two friendly and growing congregations. All are welcome to come and join us for our Sunday morning services.

We have a traditional service with Holy Communion at St George's Church at 10am with coffee afterwards.

At 11.30am our Hope Church congregation meets in the Shirley school, CB4 1TF for an informal and friendly all age service with lots of children (come from 11am for a tasty brunch!).

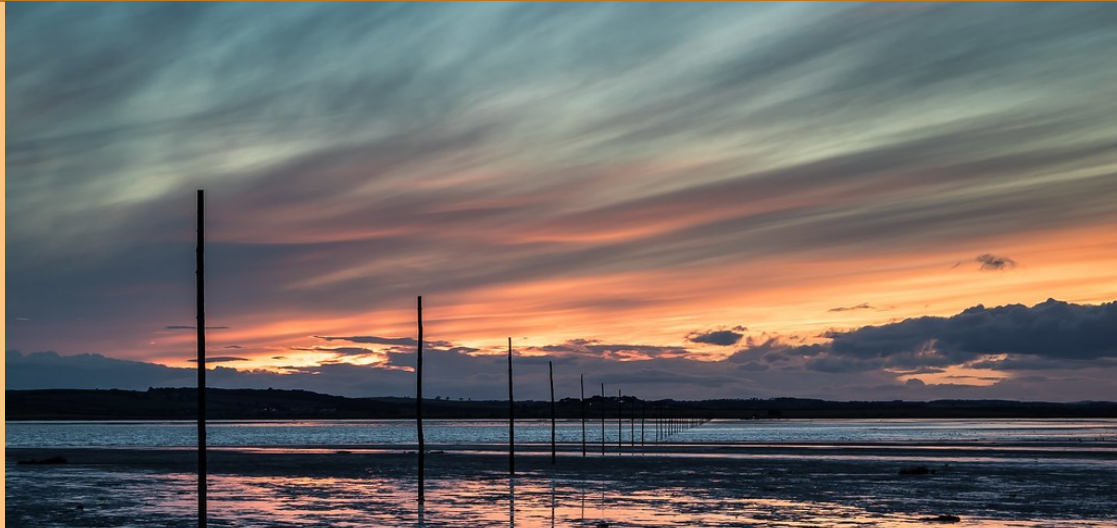
We continue with our vision to be a 'light on the hill' for our area - worshipping God, growing community and seeking to love and serve the people of Chesterton and beyond in Christ's name.



MINISTER'S LETTER

By Ian Murray

*Image: The Pilgrim's Way at sunset
– Holy Island.*



It will soon be Autumn. Or should we call it the fall? I did not realise until recently that in England 'fall' was once the common name for the season - perhaps a shortening of the phrase 'fall of the leaf'. Many trees will begin to change and prepare for the winter ahead. The different mix of chemicals in the leaves will bring us vibrant ambers, reds and yellows. The feel of the sunlight will begin to change too, and our English days will become shorter.

This year, as we move into the season of the 'fall of the leaf', I will be missing the traditional Harvest Festival celebrations. Instead, I will be making the most of a period of sabbatical leave, away from my regular responsibilities. One of the trips I will be making during my leave will be to the Holy Island of Lindisfarne in Northumberland. Perhaps, like me, you have visited this wonderful place before? It is located in an area of outstanding natural beauty on the Northumberland Coast.

The island gets cut off from the mainland by the tide each day. Since the 1950's, with careful attention to tide tables, cars have been able to get across the new causeway. Through most of human history however, people have had to time their 3 mile walk across the sands very carefully. I plan to walk across the sands in bare feet, following the ancient path of early Celtic Christian saints. I'll be walking with an expectation that I will be open to the light of the Divine, both on the horizon and within.

Maybe you will be paying attention to the changes in the light this fall/autumn? Whether travelling to and from school or across Elizabeth Way or along the riverbank (or into one of the local Harvest celebrations in the churches).

Whatever our views on God and faith – let's hope that light and changing colours inspire, change and lift us.

Peace be with you. Ian

NEWS FROM THE CHESTERTON COMMUNITY ASSOCIATION (CCA)

By Rachel Clarke

It was a great disappointment to the CCA that we were not able to run the Chesterton Festival in 2023. The City Council laid on a smaller event and it is hoped that in 2024 we will be able to work collaboratively to host the Festival once again. But the committee needs your help to do it!

Can you offer to be part of the planning committee? We meet together approximately 6 times in the year but attendance at all of these is not always necessary. We need people who can offer time both on the day and in the lead up.

If you are interested in contributing your skills and getting involved, we are holding a first planning meeting on Thursday 28 September at 2pm in St Andrew's Hall. If you would like to come to the meeting please email rachel@standrews-hall.co.uk for more information.

The CCA are to repeat an event we hosted last year at St Andrew's Hall to thank everyone who has been involved this past year with the *Chesterton News* and the CCA generally. We will be holding the AGM to do just that on Thursday 12 October, 5–6.30pm.

At this meeting we would like to thank our volunteer *News* deliverers without whom you wouldn't be reading this edition of the *Chesterton News* and who offer a valuable contribution to spreading community updates in Chesterton. You are invited for nibbles, tea and cake at St Andrew's Hall to hear more from the CCA about the *News*, Festival and other community events we have planned.

If you are interested to hear more please do come along to our thank you evening. For catering purposes please let us know if you are able to come by emailing me rachel@standrews-hall.co.uk

We look forward to seeing lots of you there!



Radio Enters the Home

An exhibition at Cambridge Museum of Technology

10.30am-4pm (last entry 3pm), Fridays, Saturdays and Sundays until the end of September 2023

Broadcasting began in 1922 and Pye started making radios in its long-gone factory next to Chesterton Recreation Ground. By 1932, half the homes in the country had a radio, many made by Pye Radio's 1,000 workers.

Radio Enters the Home celebrates 100 years of the BBC and Pye radios with an exhibition of the very earliest Pye wireless sets and a display about the first ten years of broadcasting.

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www.museumoftechnology.com

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The copy deadline for the December 2023 issue is 15 October 2023, and contributions should be emailed to Rachel at info@standrews-hall.co.uk for consideration by the editorial team.

Printed on 100% Recycled Paper Using 100% Electricity From Renewables

